



Monthly Newsletter

March, 2024



GLASTONBURY
TENNIS CLUB

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From the Director's Desk



Spring is on the horizon! With most of the snow melted and Daylight Savings Time beginning March 10th, longer days and more sunshine will help get us through the last few weeks of winter! Who else is watching the Open at Indian Wells? I put my money on Alcaraz and Gauff!

Many of you are playing more tennis or pickle ball now than ever! Remember to stretch before and after playing, even for just 5 minutes while you wait for your court! A good warm-up can be a racquet player's secret weapon, as it increases range of motion and helps build endurance. It also minimizes your risk of injury, which we never want to see. One of my favorite tennis-specific stretching routines is by Certified Personal Trainer, Coach Kim. Her 10-minute routine can be found on YouTube, here: <https://www.youtube.com/watch?v=76868blgHo4>. We've also added a sample stretching routine for pickleball on our bulletin board; check it out!

Just a note that Easter is on the last Sunday of the month (March 31st). We will be closed all day.

Thanks for your continued support, our Club is thriving because of you! Remember to book courts/classes a week in advance, if possible. As always, if you have any questions or concerns, please reach out to me.

Stay warm and Cheers for a happy St. Patrick's Day,
Quin Howe, Club Director

Staff Drop Shot



Shaun Keane



How long have you been at GTC?

7 years

What's your favorite part about GTC?

Watching the progression and incredible improvement of our junior players over the years!

What is your favorite thing about the spring?

The weather getting warmer and staying lighter out later in the day.

What's your lucky number?

4

What 3 treasures would you hope to find in a pot at the end of a rainbow?

According to Shaun's son, Cam:

- 1) A paper that declares him the official owner of the Lakers
- 2) Unlimited basketball cards
- 3) A penny that doubles its value each day



Coach Shaun is a valuable asset to our Junior program! He is the Head Coach of our JTT U-12 team, which his son, Cam [also pictured] is on.

"May the blessings of each day be the blessings you need the most."

—IRISH BLESSING

Pickleball News & Events

**HAPPY
ST. PATRICK'S
DAY**

Friendly Reminders

- As a courtesy to those on the waitlist, please remove yourself from the Team Reach "Attending" list if you cannot attend.
- When reserving a private court, please give the desk staff the names of all players attending. This will expedite the check-in process.
- Please be respectful of every player's paid time and do not proceed to the courts until your reserved time. If your court is available earlier, a member of our staff will let you know.
- Do not walk across courts if they are in use. This is a safety hazard! Use the alley behind the courts to enter onto your numbered court.
A huge thank you to all players who have been following the guidelines!! We see you and we appreciate you!!

Are you new to Pickleball at GTC?

- Join the Team Reach App! It's where most pickleball communication is found! Download the app; our Group Code is GTC.
- Consider a GTC Pickleball Membership! \$50 per person, per year, gets you reduced rates and no guest fees. There's still time to save money!

Pickleball Clinics

- **Beginner Pickleball Clinics:** Running Thursdays, 11:30-12:30PM; Fridays, 5:30-6:30PM; Saturdays, 12-1PM; and Sundays, 4-5PM. Each 1-hour clinic is \$30/member and \$34/non-member. Call the Club to reserve your spot.
- **Juniors' Beginner Pickleball Clinics:** Running Fridays, 5:30-6:30PM; and Saturdays, 12-1PM. Junior clinics are \$30/member and \$34/non-member. Call the Club to reserve a spot.

Open-Play Times

- **All-Level, Mid-Day Open-Play:** Running Mondays, Thursdays and Fridays, 12:30-2:30PM; and Wednesdays, 1-3PM. Mid-Day Open-Play is \$12/member and \$15/non-member for the 2-hours. Sign up through the Team Reach app.
- **All-Level, Evening Open-Play:** Running Fridays, 7-9PM and Saturdays*, 6-8PM (Saturday time slot may change, depending on USTA tennis matches). Evening Open-Play is \$12/member and \$15/non-member for the 2-hours. Sign up through the Team Reach app.
- **Sunday Night, Leveled Open-Play:** Beginner/Low-Intermediate Play: 5-7PM; Intermediate/Advanced Play: 7-9PM; Cost is \$12/member and \$15/non-member. Sign up through Team Reach.

Juniors' News

Session IV Juniors' Clinics: Session IV begins on Monday, March 18. We still have spots open to sign up!

Junior Team Tennis (JTT)

- The last match for **UI8** was on March 2nd at Bloomfield.
- The last match for **UI2** was on March 3rd at Rocky Hill.
- Although matches ended, Sunday practices will continue throughout March!
 - \$35 per player, per practice.
 - **UI0 & UI2:** 11AM-12:30PM
 - **UI4 & UI8:** 12:30PM-2PM



* Congratulations to our **JTT UI2** team for an undefeated season! We are so proud of your growth and dedication to tennis! Thanks to Coach Shaun, Coach James and Coach Tim for going the extra mile to train these young players! *

Are you looking to have fun this summer? Look no further than **GTC's Multi-Sport Summer Camp!**

- Open to children, ages 6-11
- Sessions run Monday thru Thursday 8:30AM-12PM, starting June 17th thru August 1st
- All sessions held at GTC with certified staff, rain or shine, out of the dangerous sun and heat!
- Multiple games included, such as: tennis, pickleball, lacrosse, dodgeball, frisbee golf, soccer and more!
- Snack-time break with trivia and BINGO games
- \$275 per one-week session, 10% sibling discount and 10% early registration discount this month



Our undefeated UI2 Junior Tennis Team. Congratulations!

Adults' News

Adult Clinics: Discount pricing for packages of 5!

- **Beginners**
 - Thursdays, 6:30PM-7:30PM (\$30/members; \$34/non)
 - Saturdays, 9AM-10:30AM (\$42/members; \$48/non)
- **Intermediates** (\$42/members; \$48/non-members)
 - Tuesdays, 7PM-8:30PM
 - Fridays, 10:30AM-12PM
- **Advanced** (\$48/members; \$54/non-members)
 - Sundays, 9AM-11AM

Do you need **used tennis balls** for your dogs, school or business? Contact the front desk; we'd be happy to donate some to you!